

16	, 200m		10 - 15
02.12.2016 - 14:05			
" RENA - WATER INSTINCT»" :2:19.33		RUS	25.06.2014
" RENA - WATER INSTINCT»" :2:04.52		RUS	23.06.2016
" RENA - WATER INSTINCT»" :1:55.08		RUS	27.06.2013

: FINA 2014

										FINA		
14 - 15												
1.				2002						1:59.69	618	
	50m:	27.28	27.28	100m:	57.49	30.21	150m:	1:28.83	31.34	200m:	1:59.69	30.86
2.				2001 I					10	2:05.77 I	533	
	50m:	28.14	28.14	100m:	1:00.10	31.96	150m:	1:32.77	32.67	200m:	2:05.77	33.00
3.				2002 I						2:06.24 I	527	
	50m:	28.39	28.39	100m:	1:01.08	32.69	150m:	1:34.72	33.64	200m:	2:06.24	31.52
4.				2002						2:06.31 I	526	
	50m:	28.66	28.66	100m:	1:00.83	32.17	150m:	1:34.16	33.33	200m:	2:06.31	32.15
5.				2002 I					10	2:08.73 I	497	
	50m:	28.68	28.68	100m:	1:00.97	32.29	150m:	1:34.90	33.93	200m:	2:08.73	33.83
6.				2002 I					" "	2:08.99 I	494	
	50m:	29.25	29.25	100m:	1:01.93	32.68	150m:	1:36.16	34.23	200m:	2:08.99	32.83
7.				2001 I					" "	2:11.89 II	462	
	50m:	28.91	28.91	100m:	1:01.85	32.94	150m:	1:36.79	34.94	200m:	2:11.89	35.10
8.				2001 II					2	2:12.07 II	460	
	50m:	28.99	28.99	100m:	1:02.48	33.49	150m:	1:37.82	35.34	200m:	2:12.07	34.25
9.				2002 II					10	2:13.96 II	441	
	50m:	29.81	29.81	100m:	1:03.25	33.44	150m:	1:38.40	35.15	200m:	2:13.96	35.56
10.				2002				" "	" "	2:17.75 II	405	
	50m:	30.44	30.44	100m:	1:04.68	34.24	150m:	1:41.15	36.47	200m:	2:17.75	36.60
11.				2002 II					10	2:17.88 II	404	
	50m:	31.22	31.22	100m:	1:06.25	35.03	150m:	1:42.33	36.08	200m:	2:17.88	35.55
12.				2002 II						2:21.60 II	373	
	50m:	31.88	31.88	100m:	1:07.69	35.81	150m:	1:45.43	37.74	200m:	2:21.60	36.17
13.				2001 II					10	2:22.55 II	366	
	50m:	32.49	32.49	100m:	1:09.04	36.55	150m:	1:46.23	37.19	200m:	2:22.55	36.32
12 - 13												
1.				2003 I					4	2:06.38 I	525	
	50m:	29.44	29.44	100m:	1:01.56	32.12	150m:	1:34.74	33.18	200m:	2:06.38	31.64
2.				2003 I						2:06.84 I	520	
	50m:	29.21	29.21	100m:	1:01.29	32.08	150m:	1:34.57	33.28	200m:	2:06.84	32.27
3.				2003 II		C			8	2:13.51 II	445	
	50m:	30.73	30.73	100m:	1:04.80	34.07	150m:	1:39.56	34.76	200m:	2:13.51	33.95
4.				2004 II					10	2:16.27 II	419	
	50m:	31.10	31.10	100m:	1:05.53	34.43	150m:	1:42.10	36.57	200m:	2:16.27	34.17
5.				2003 II		C			8	2:16.35 II	418	
	50m:	32.03	32.03	100m:	1:07.39	35.36	150m:	1:43.22	35.83	200m:	2:16.35	33.13

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16,		, 200m		, 12 - 13						FINA
6.	50m: 31.84	31.84	2003 II	100m: 1:07.33	35.49	150m: 1:43.08	35.75	2:16.37 II	200m: 2:16.37	33.29
7.	50m: 31.83	31.83	2003 II	100m: 1:08.07	36.24	150m: 1:44.81	36.74	2:19.39 II	200m: 2:19.39	34.58
8.	50m: 31.62	31.62	2003 II	100m: 1:07.72	36.10	150m: 1:45.25	37.53	2:21.02 II	200m: 2:21.02	35.77
9.	50m: 33.52	33.52	2003 II	100m: 1:11.38	37.86	150m: 1:50.44	39.06	2:22.86 II	200m: 2:22.86	32.42
10.	50m: 32.43	32.43	2003 II	100m: 1:08.62	36.19	150m: 1:46.61	37.99	2:22.94 II	200m: 2:22.94	36.33
11.	50m: 32.41	32.41	2003 II	100m: 1:09.35	36.94	150m: 1:46.72	37.37	2:23.40 II	200m: 2:23.40	36.68
12.	50m: 33.16	33.16	2004 II	100m: 1:10.42	37.26	150m: 1:48.42	38.00	2:24.53 III	200m: 2:24.53	36.11
13.	50m: 32.12	32.12	2003 II	100m: 1:08.70	36.58	150m: 1:47.36	38.66	2:25.65 III	200m: 2:25.65	38.29
14.	50m: 33.42	33.42	2004 III	100m: 1:10.58	37.16	150m: 1:48.87	38.29	2:26.54 III	200m: 2:26.54	37.67
15.	50m: 34.52	34.52	2004 II	100m: 1:12.02	37.50	150m: 1:49.91	37.89	2:27.79 III	200m: 2:27.79	37.88
16.	50m: 34.05	34.05	2003 II	100m: 1:12.11	38.06	150m: 1:50.99	38.88	2:28.61 III	200m: 2:28.61	37.62
17.	50m: 33.85	33.85	2003 II	100m: 1:12.50	38.65	150m: 1:51.79	39.29	2:30.07 III	200m: 2:30.07	38.28
18.	50m: 34.76	34.76	2003 III	100m: 1:13.01	38.25	150m: 1:52.89	39.88	2:30.99 III	200m: 2:30.99	38.10
19.	50m: 34.51	34.51	2004 II	100m: 1:13.19	38.68	150m: 1:52.19	39.00	2:32.40 III	200m: 2:32.40	40.21
20.	50m: 34.96	34.96	2003 III	100m: 1:14.30	39.34	150m: 1:55.17	40.87	2:35.17 III	200m: 2:35.17	40.00
21.	50m: 36.56	36.56	2004 III	100m: 1:16.00	39.44	150m: 1:57.44	41.44	2:35.47 III	200m: 2:35.47	38.03
22.	50m: 36.20	36.20	2003 II	100m: 1:16.41	40.21	150m: 1:59.31	42.90	2:42.12 III	200m: 2:42.12	42.81
23.	50m: 36.01	36.01	2004 III	100m: 1:18.72	42.71	150m: 2:03.55	44.83	2:47.00 1	200m: 2:47.00	43.45
10 - 11										
1.	50m: 31.27	31.27	2005	100m: 1:06.43	35.16	150m: 1:42.43	36.00	2:18.09 ,II	200m: 2:18.09	35.66
2.	50m: 32.56	32.56	2005 III	100m: 1:09.45	36.89	150m: 1:47.08	37.63	2:22.43 II	200m: 2:22.43	35.35
3.	50m: 32.97	32.97	2005	100m: 1:10.91	37.94	150m: 1:49.05	38.14	2:25.16 III	200m: 2:25.16	36.11

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16,		, 200m		, 10 - 11						FINA
4.	50m: 32.85	32.85	2005 III	100m: 1:11.37	38.52	150m: 1:49.99	38.62	2:26.09 III	340	36.10
5.	50m: 33.35	33.35	2005 II	100m: 1:11.04	37.69	150m: 1:51.09	40.05	2:30.48 III	311	39.39
6.	50m: 34.07	34.07	2005 III	100m: 1:12.87	38.80	150m: 1:52.96	40.09	2:30.69 III	310	37.73
7.	50m: 33.85	33.85	2006	100m: 1:11.95	38.10	150m: 1:52.66	40.71	2:31.61 III	304	38.95
8.	50m: 35.23	35.23	2005 II	100m: 1:14.32	39.09	150m: 1:55.36	41.04	2:34.50 III	287	39.14
9.	50m: 33.80	33.80	2005 II	100m: 1:13.42	39.62	150m: 1:55.78	42.36	2:36.02 III	279	40.24
10.	50m: 35.38	35.38	2005 III	100m: 1:15.64	40.26	150m: 1:57.80	42.16	2:36.63 III	276	38.83
11.	50m: 36.21	36.21	2005 II	100m: 1:15.82	39.61	150m: 1:57.16	41.34	2:37.01 III	274	39.85
12.	50m: 35.66	35.66	2006 III	100m: 1:16.54	40.88	150m: 1:57.73	41.19	2:37.09 III	273	39.36
13.	50m: 37.11	37.11	2005 I	100m: 1:18.23	41.12	150m: 2:01.73	43.50	2:41.62 III	251	39.89
14.	50m: 36.75	36.75	2005	100m: 1:18.63	41.88	150m: 2:00.52	41.89	2:41.78 III	250	41.26
15.	50m: 36.74	36.74	2005 III	100m: 1:18.62	41.88	150m: 2:01.58	42.96	2:42.09 III	249	40.51
16.	50m: 36.33	36.33	2006 I	100m: 1:18.67	42.34	150m: 2:01.74	43.07	2:42.10 III	249	40.36
17.	50m: 37.91	37.91	2006 I	100m: 1:21.55	43.64	150m: 2:06.37	44.82	2:49.23 I	218	42.86
18.	50m: 39.32	39.32	2005 I	100m: 1:22.97	43.65	150m: 2:07.39	44.42	2:50.35 I	214	42.96
19.	50m: 36.64	36.64	2005 I	100m: 1:21.79	45.15	150m: 2:08.78	46.99	2:51.13 I	211	42.35
20.	50m: 39.70	39.70	2005 I	100m: 1:25.45	45.75	150m: 2:11.66	46.21	2:52.70 I	206	41.04
21.	50m: 36.60	36.60	2005 III	100m: 1:20.48	43.88	150m: 2:06.38	45.90	2:53.38 I	203	47.00
22.	50m: 38.42	38.42	2006	100m: 1:24.37	45.95	150m: 2:10.73	46.36	2:54.59 I	199	43.86
23.	50m: 36.51	36.51	2006 I	100m: 1:21.20	44.69	150m: 2:08.69	47.49	2:56.10 I	194	47.41
24.	50m: 38.87	38.87	2006 I	100m: 1:24.21	45.34	150m: 2:11.92	47.71	2:56.40 I	193	44.48
25.	50m: 37.48	37.48	2005 I	100m: 1:23.36	45.88	150m: 2:11.60	48.24	2:57.43 I	189	45.83

16, , 200m , 10 - 11

										FINA		
26.				2006 III						2:58.00	1	188
50m:	37.36	37.36	100m:	1:22.37	45.01	150m:	2:11.08	48.71	200m:	2:58.00	46.92	
27.				2005 1						3:01.19	1	178
50m:	40.36	40.36	100m:	1:27.65	47.29	150m:	2:16.60	48.95	200m:	3:01.19	44.59	
28.				2005 1			10			3:01.34	1	177
50m:	38.89	38.89	100m:	1:27.20	48.31	150m:	2:16.34	49.14	200m:	3:01.34	45.00	
29.				2005 1						3:04.73	1	168
50m:	39.14	39.14	100m:	1:26.90	47.76	150m:	2:14.65	47.75	200m:	3:04.73	50.08	
30.				2006 1						3:10.63	2	153
50m:	39.32	39.32	100m:	1:27.81	48.49	200m:	3:10.63	1:42.82				